

CERTIFICATE OF PARTICIPATION

This is to certify that

Jan Albert Heymans

Has successfully participated & completed the

52km Cape Warm Up

held at Grootvlei NG Kerk.

TIME 01:42:14

PACE 30.52km/h

GENDER 33 of 62

OVERALL 37 of 89

**SUBVET (30- 5 of 10
39)**



02 March 2019, Sat

Date



BoutTime

Signature